



**PROGRAM** for the 8th  
**NORDIC BREASTFEEDING CONFERENCE**  
Copenhagen 2019

**OCTOBER 2<sup>ND</sup>**

17 - 18.30

**RECEPTION** at Copenhagen City Hall  
Rådhuspladsen 1, Copenhagen

**OCTOBER 3<sup>RD</sup>**

WHO, Regional Office for Europe UN City, Marmorvej 51, Copenhagen

9.00 - 10.00

Registration and coffee/tea with bread

10.00 - 10.30

Welcome

10.30 - 12.00

**SESSION 1 • Breastfeeding recommendations**

João Breda, WHO and Kim Fleischer Michaelsen (DK) (10.30-11.30)  
Recommendation of exclusive breastfeeding 6 months versus  
4 months - presentation and discussion of the evidences

Ragnhild Maastrup (DK): Compliance with the "Baby-friendly Hospital  
Initiative for neonatal wards" in 36 countries (11.30 - 12.00)

12.00 - 13.00

Lunch

13.00 - 14.30

**SESSION 2 • Ethics in breastfeeding counseling**

Gillian Thomson (UK): Shame if you do, shame if you don't  
(13.00 - 14.00)

Lisa Amir (AUS): Identifying design solutions to increase women's  
comfort with breastfeeding in public (14.00-14.30)

14.30 - 15.15

Break with coffee/tea and cake/fruit

15.15 - 17.15

**ABSTRACT SESSION**

Eva-Lotta Funkquist (S): The use of Intervention Mapping  
to improve breastfeeding care and support

Ina Landau Aasen (N): Advice on breastfeeding frequency  
during the first 24 hours after delivery

Ikonen Riikka (FIN): Supplementation during maternity ward stay and breastfeeding full-term infants at the age of 4 months

Jannie Skovlund Rasmussen (DK): The impact of two-sided benefits. An Interpretative Phenomenological Analysis of young primiparous mothers' breastfeeding experience

Emilie Marqvorsen (DK): The influence of breastfeeding on depression, anxiety and stress in postpartum women - a systematized review

---

17.30 - 18.30

**CANAL CRUISE** along the main harbour and adjoining canals in Copenhagen

---

18.30 - 21.00

**RECEPTION** at WHO including a light meal

---

---

## OCTOBER 4<sup>TH</sup>

WHO, Regional Office for Europe UN City, Marmorvej 51, Copenhagen

---

9.00 - 10.30

**SESSION 3 • Responsive feeding**

Netalie Shloim (UK): Responsive feeding (9.00 - 9.45)

Marion Hetherington (UK): Understanding infant eating behavior (9.45 -10.30)

---

10.30 - 11.00

Break with coffee/tea and cake/fruit

---

11.00 - 13.00

**ABSTRACT SESSION**

Sisse Walløe (DK): Percieved Breastfeeding Problems among Mothers of Preterm Infants

Ragnhild Måstrup (DK): Nipple shield use in preterm infants: results from a national cohort study

Anne Bærug (N): What factors explain socioeconomic inequalities in exclusive breastfeeding in Norway?

Sofia Zwedberg (S): Pediatricians' experiences of working with breastfeeding: An interview study

Bente Thorup Dalsgaard (DK): Breastfeeding and skin-to-skin contact as non-pharmacological prevention of neonatal hypoglycemia in infants born to women with gestational diabetes; a Danish quasi-experimental study

---

13.00 - 14.00

Lunch

---

14.00 - 14.30

Posterwalk

---



14.30 - 16.40

#### **SESSION 4 • Tongue-tie**

Solveig Thorp Holmsen (N): What do we know about breastfeeding and tongue-tie? (14.30 - 15.00)

Tine Greve (N) and Alison Higgs (AUS): The "Non-expert" experts. Filling the information gap regarding tongue-ties (abstract presentation) (15.10-15.35)

Charlotte Giuliani (DK): Examination of tongue function, tongue-tie and aftercare (15.00 - 15.45)

Panel: Solveig Thorp Holmsen (N), Tine Greve (N) and Charlotte Giuliani (DK) (16.15-16.40).

Moderator: Ingrid Nilsson (DK)

16.40 - 17.00

**GOODBYE** and see you in 2021

