

NING FORSKNING
SEDAN 1884

Pediatricians' experiences of working with breastfeeding: An interview study

Sofia Zwedberg

• SJUKVÅRD UTBILD
I SAMVERKAN

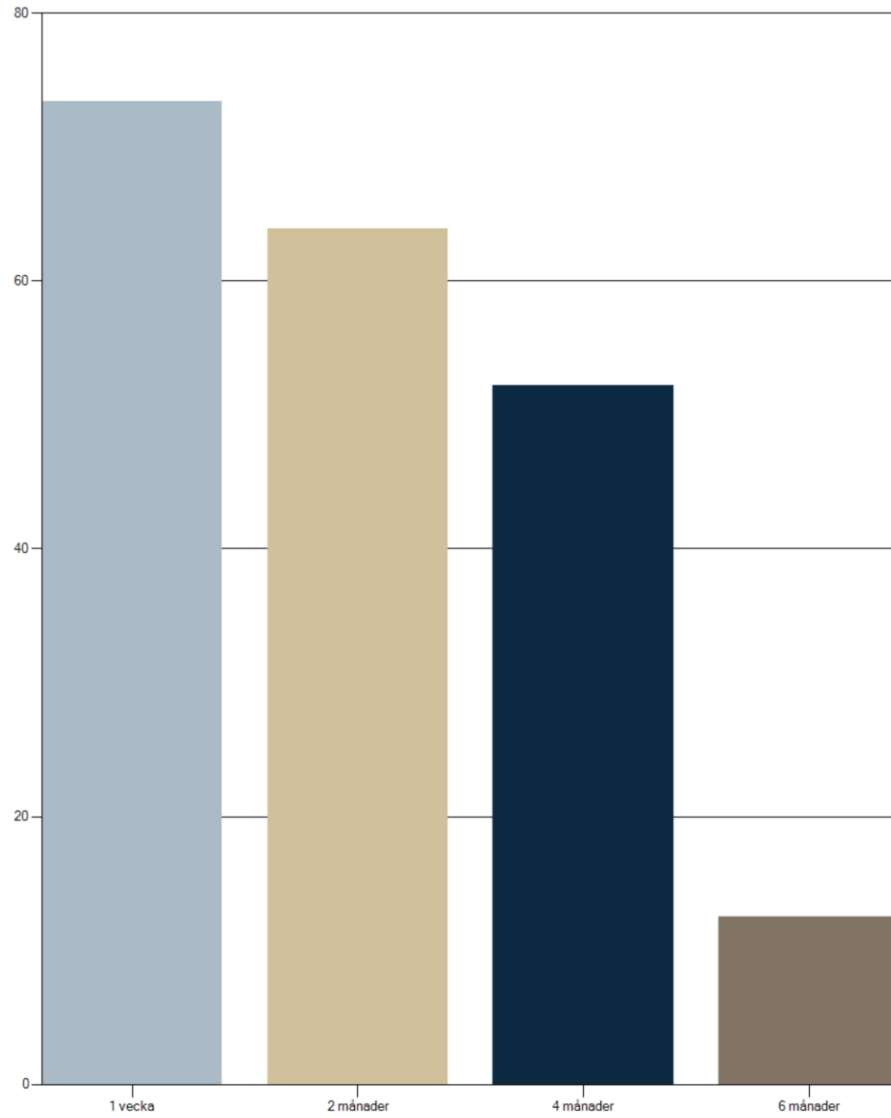
To protect, support and promote breastfeeding

Swedish government has translated and adapted the international guidelines and WHO's Ten Steps to Successful Breastfeeding, which should be followed by all maternity and child health-care professionals.

Exclusively breastfeeding is recommended for the first six months of life



Ammingsstatistik, Procent, Enbart ammade barn, Stockholms län, 2016



Women are affected by

- Exposure to it during childhood
- Father's support
- The mother's mother
- Healthcare professionals



Factors increasing the risk of not breastfeed

- Delivered by caesarean
- Experienced breast problems
- **Received formula or glucose during the first days of life**



The aim of this study:

- Identify how Swedish pediatricians experience their role in facilitating breastfeeding among new mothers.



Bild: Tesan blogg

Method

- Inductive, interview study
- 12 participant paediatricians
- Analysis with content analyse



Factors decreasing breastfeeding

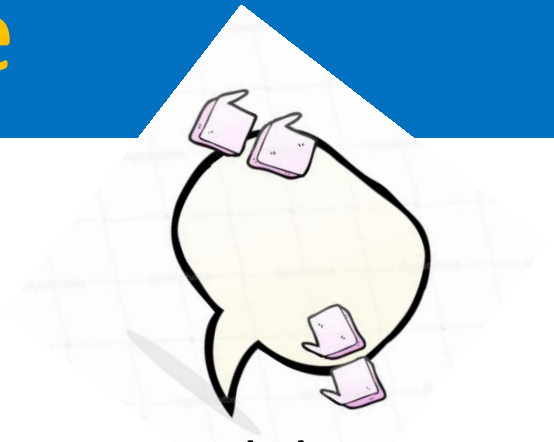
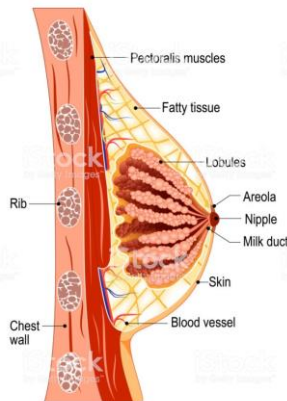


- Parents want to be equal.
 - Family related stress and life situations
 - The social climate in Sweden
- *It's a tough climate for young people and young families today. The demand for standard of living and comfort has increased [...] it takes more work to earn more money [...] I believe that the social structure is unsupportive of breastfeeding.*

Competence



The breast anatomy



- *'When I started doing rounds in 1983, the pediatrician and midwife always did everything together. They heard the same things; they saw the same things and they could discuss the care given'.*

Roles of professional

They described themselves as being health promoters without taking any medical risks. They did not see their role as supporting breastfeeding as much as verifying that the breastfeeding process was in place, thereby ensuring nutrition.



Supplemental feeding



If an infant has been given formula, I often ask the parents why, and a very common answer is that the baby was crying [...] It is almost always a question of the normal hunger of the newborn baby.

The health-care system's responsibility



'We are talking about the breastfeeding mafia here in Sweden. If they cannot breastfeed, the women are made to have a guilty conscience and we are part of it [...] The mother's will must be respected, and I personally feel that that is not being done.'

'Something that has a bearing on the decrease in breastfeeding is that we are not a certified BFHI any longer; there is no national strategy for breastfeeding.'



Breastfeeding – a genuine and difficult task





Tack
För ordet!